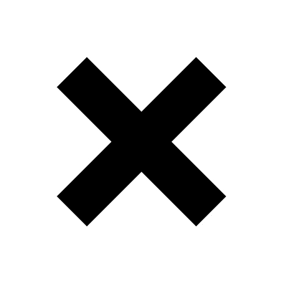
**Setting Your Goals…NOT just for Biology  
(but it’s a good place to start)**

“You need a plan to build a house. To build a life, it is even more important to have a plan or goal.”   
– Zig Ziglar

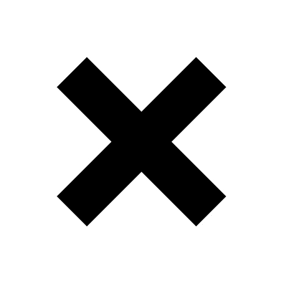
“The trouble with not having a goal is that you can spend your life running up and down the field and never score.”  
 – Bill Copeland



***“I’m a great believer in luck, and I find the harder I work the more I have of it.” – Thomas Jefferson***

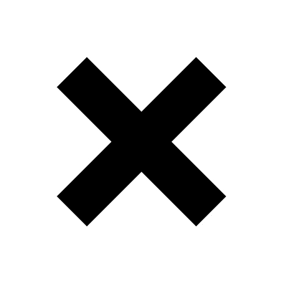
*Classwork*

Goals help you **achieve your highest potential**. Without goals, you subject yourself to the natural, default set of actions that keep you feeling safe and comfortable every day. But this familiarity is the nemesis of growth. It prevents you from growing. It does not enable you to become the best person you can be. It denies you from tapping into all that potential inside of you.

Firstly, by becoming a better person, your **new found knowledge** and abilities let you experience more out of the same life events compared to the previous you. Think about how your worldview is different now vs the you 5 years ago. Do you see life with much more clarity, depth and perspective today than you were in the past? What may be a simple daily occurrence in the past holds a lot more meaning to the more highly evolved you today. The clarity of the world around you will come from setting a goal and pushing towards it.

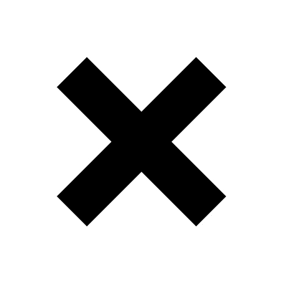
*Homework*

**Assignment…**

You need to type your answers out and fit it onto one page (1” margins – 12pt Times New Roman)

*Assessments*

Please answer the following questions in regards to your personal goals. Be specific and detailed in your responses.

1. What goals do you hope to achieve by the end of this class?
2. Where do you want to be in 4 years? What goals do you need to meet to make it happen?
3. Describe the tools you have to achieve your goals. What tools do you need to obtain or polish?
4. What do you expect from your teacher(s).

?

Where will you be…